



Club Meeting

Long Beach Meets at THE GRAND 4101 E Willow Street Long Beach, CA 90815 Time: Wednesday at 12:00 PM

In This Issue

This Week's Program

Membership - 'Connections'

Rotary Connections - JOIN US!

Request for Magazines - Bring this Wednesday and/or March 29

Voices of Rotary Toastmasters

Annual Mark Bixby Memorial Egg Hunt & Paul Kennard Book Fair

This Week's Program

Wednesday, March 22

Protecting the Brain While Playing the Game

Barry D. Jordan, MD, MPH, Chief Medical Officer Rancho Los Amigos National Rehabilitation Center

> 12:00 Noon - LUNCH 12:30 - 1:30 p.m. - Program



Barry D. Jordan, MD, MPH, is the Chief Medical Officer of Rancho Los Amigos National Rehabilitation Center (RLANRC) in Downey, California. He formerly served as the Assistant Medical Director and Interim Chief Medical Officer of the Burke Rehabilitation Hospital in White Plains, New York. He is a Board Certified Neurologist with specialized experience and interests in Sports Neurology, Alzheimer's disease, and traumatic brain injury. He also serves as the Executive Director of the Comprehensive Brain Injury Program (CBIP) at RLANRC.

Dr. Jordan graduated from the University of Pennsylvania with a B.A. in Neurophysiology and obtained his medical degree from Harvard Medical School. He also completed his Masters of Public Health at Columbia University. Dr. Jordan completed an Internship in Internal Medicine at UCLA Medical Center and performed his Neurology residency training at the New York Hospital-Cornell University Medical Center.

Dr. Jordan has completed several fellowships, including a Fellowship in Public Health at Cornell University Medical College, a Clinical Neurology Fellowship at the New York Hospital-Cornell Medical Center, a Fellowship in Sports Neurology at the Hospital for Special Surgery, and a Fellowship in Behavioral Neurology at UCLA Medical Center.

Dr. Jordan is a Team Physician for U.S.A. Boxing and for 20 years served as the Chief Medical Officer of the New York State Athletic Commission. Currently, Dr. Jordan serves as a member of the National Football League (NFL) Players Association Mackey-White Health and Safety Committee and is an Unaffiliated Neurotrauma Consult (UNC) for the NFL. Dr. Jordan was on the medical staff of the 1995 Pan American Games in Argentina and a member of the United States Olympic Sports Medicine Society. Dr. Jordan is also considered one of the founders of the specialty of Sports Neurology and co-edited the first text on Sports Neurology in 1989.

Membership - 'Connections'

By Gregory Haeseler, RCLB President #96



By now most of you have been seeing announcements regarding "Rotary Connections". So what is "Rotary Connections"?

For those who were involved in our Club before COVID, we used to have bimonthly "Rotary Revealed" meetings. The purpose of Rotary Revealed was to have a casual social meeting at a gracious Rotarian's home where we could invite guests to learn more about our legendary Club. Not only were these events were a huge success, they were fun!

The structure of Rotary Revealed was to socialize for 30-45 minutes, followed by self-introductions for another 30 minutes, then end with a review of myriad club information that lasted another 30-45 minutes. No doubt attending guests walked away impressed. Yet some were noticeably dazed after being bombarded with all sorts of information ranging from the five requirements to get a blue badge to

knowing the differences between our three foundations.

This year at our Membership Development Committee meetings, which includes some relatively new Rotarians, we learned that the new Rotarians could hardly remember the information shared at Rotary Revealed! They could, however, remember clearly the connections made with other Rotarians.

Knowing that our website is replete with Club information, we decided revamp the Rotary Reveal meetings by eliminating the information sharing portion. Instead, our goal was to create an opportunity for our guests to connect with Rotarians and to reserve some time for them to give a brief self-introduction. With the modifications, we changed the name to "Rotary Connections".

With two well-attended Rotary Connection meetings under our belts, the feedback has been extremely positive. The results equally have been impressive with a high percentage of guests going forward with their membership.

Our next Rotary Connections meeting will be Tuesday, March 21. For more information and to RSVP, please look for the Evite. You can also contact Past President Greg Haeseler at gregory.haeseler@gmail.com. We hope you will join us and other fellow Rotarians for some fellowship and connection with our fascinating guests and potential new Rotarians.

Rotary Connections - JOIN US!



Rotary Connections!

Conference Room #201

at the new LBCC Aquatic Center (Building W)

Liberal Arts Campus
4901 E. Carson St.
Free parking in Lots P and L
Entrances on Faculty Way

Tuesday, March 21 5:00-7:00

Do you know anyone who might be interested in joining Rotary? All are Welcome! Come and meet new prospects - and bring a bottle of wine!

Check your emails to RSVP on the Evite

Request for Magazines - Bring this Wednesday and/or March 29

By Nancy Zwiers



If you have used magazines at home,

please consider donating them to **Camp Enterprise for kids' collages** during our kick-off meeting on 4/4.

Please bring to the Rotary meetings on 3/22 and 3/29.

Voices of Rotary Toastmasters

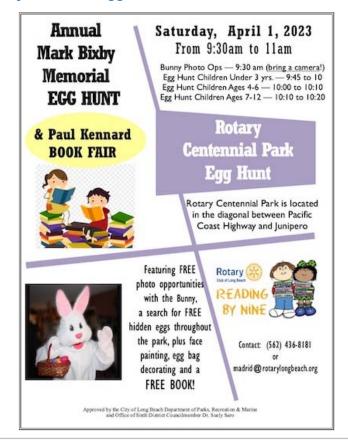
By John M. Graham III

We are now meeting bi-weekly - come join us!





Annual Mark Bixby Memorial Egg Hunt & Paul Kennard Book Fair



Upcoming Events - Click Title for More Info and for Meeting RSVP

March 21st
Rotary Connections
For membership prospects

For membership prospects LBCC Aquatic Center (Bldg.W), Conference

Room #201

March 28th **RCLB Board of Directors Meeting** Re-scheduled from March 21

Joint Board Meeting

April 6th **Voices of RotaryToastmasters**

March 22nd

Long Beach Weekly Club Meeting

Speaker: Dr. Barry Jordan Subject: NY Giants neurologist & Olympic

USA Boxing team physician

March 29th

Long Beach Weekly Club Meeting

Speaker: Peter Kareiva Subject: "So much more than a fish tank:

making a difference"

April 8th

Centennial Park Clean-up

March 30th

Voices of Rotary Toastmasters

April 1st

Annual Mark Bixby Memorial Egg

Hunt/Paul Kennard Book Fair

Easter Bunny guest appearance Annual Egg Hunt and Paul Kennard Book Fair

April 11th <u>5 O'Clock Somewhere</u> FY 2023-24 Board

March 23rd

Board Assembly for FY 2023-24

Tuesday April 4th
Long Beach Weekly Club Meeting
Camp Enterprise Kick-off Luncheon
On Tuesday, not Wednesday this week

April 18th

RCLB Board of Directors Meeting

Birthdays This Week - Click Name to Send a Greeting



Denise Dahlhausen March 25th



<u>Daniel K. Walker</u> March 28th



Madrid Zimmerman - March 20 - TODAY!

Club Leadership - Click Name to Send a Message

Alfredo Velasco Mollie Beck Mark Guillen Olivia Maiser



President



Assistant to the President



Assistant to the President



Vice President



Don Rodriguez Vice President



Kelly Ruggirello Vice President



Jean Bixby Smith Vice President



Anthony J. Gales Secretary Treasurer



<u>Virginia Baxter</u> Sergeant-at-Arms



<u>Sathya Chey</u> Sergeant-at-Arms



Andy C. McFarland Sergeant-at-Arms



Nancy Zwiers Sergeant-at-Arms



<u>Dana A. Buchanan</u> Communications Director



Rayne Sherman, FIIDA, CID, CSI
Career Service Director



Richard Gibson Club Service Director



<u>Tina Barry</u> Community Service Director



<u>Brett Lewis</u> Fellowship Service Director



Freda Hinsche Otto International Service Director



<u>Judy Ross</u> Membership Service Director



Brian Camp Russell Youth Service Director



Dennis C. Smith iPast President



Michele A. Dobson President-elect



Steve M. Hockett President-nominee



Madrid Zimmerman
Club Executive Director
Club Executive Secretary



Wayne C. Slavitt Rotary Foundation Chair

Rotary Club of Long Beach meets every Wednesday

LB Skyline Photo Credit Long Beach Convention & Visitors Bureau

March 22, 2023 Vol. 106, Issue 36

Club Office

400 Oceangate, Suite 470 Long Beach, CA 90802

562-436-8181

Rotary@RotaryLongBeach.org

Visit

Long Beach Rotary

<u>District 5320</u>

Rotary International



Visit our

Social Media Pages